

# Bonita Springs High School Cheerleading Tryouts

2018 -2019

Tryouts for Bonita Springs High School cheerleading team for the 2018-19 Football and Basketball season are June 6<sup>th</sup> 6PM-8PM in the Estero High School gymnasium. **Please join the Tryouts Google Classroom, the code is h04p2.** This Tryout Classroom is our official way to communicate, share material, and provide updates regarding tryouts. There will be a cheer clinic on June 5<sup>th</sup> at Estero High School from 6-8PM. Please arrive to the clinic prepared and ready to perform all required tryouts material (the dance, sidelines, and cheer). We will NOT teach you this material! You are required to watch the videos, practice, and learn the material before the cheer clinic. Required athletic paperwork must be turned in to the Athletic office by 2PM on Tuesday June 5<sup>th</sup>. The attached cheerleader application is also due to Coach Holloway by this time.

Please read ALL THE PAPERWORK, sign in all areas where required and have forms notarized where indicated. **All participants are required to have a current physical and must be cleared by the athletic office in order to participate. You may print all forms needed from the school website or check with the BSHS athletic office.**

**BEFORE YOU MAKE THE DECISION TO TRY OUT**, please carefully consider the following:

- Cheerleading involves more time and responsibility than most people realize. All cheerleaders must be able to successfully balance school, cheerleading, homework, other school activities as well as their social lives. Your various commitments must be taken into consideration before you decide to tryout.
- As a cheerleader, members are official representatives of Bonita Springs High School and must conduct themselves properly at all times as this conduct reflects the school, its administration and staff. In an effort to ensure members are upholding the highest of standards at all times, members' social networking sites will be monitored by the coaches and any material of an inappropriate nature (gossip, slander, and negative comments as well as inappropriate pictures) will not be tolerated. This also applies to behavior in and out of the classroom.
- The approximate cost for each cheer team member is approximately \$395.00. Please note that even though fundraising is expected **parents are fully responsible for the cost of his/her child.** This cost includes the following: Cheer Camp, shoes, briefs, bow, cheer bag, cheer t-shirt, spirit stretch midriff and a practice uniform. \*Additional gear may be purchased but are optional. *\*BSHS promotes student involvement in extra-curricular activities regardless of their financial status. If the approximate cost of this program discourages you from perusing a spot on the cheer team, please speak with Coach Holloway or Coach Janssen.*

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## Tryout Requirements:

### All girls are required to perform:

Cheers/Chants/Dances

Jumps

Tumbling (optional, but strongly recommended)

### All boys are required to perform:

Jumps

Arm Movements

Tumbling (optional)

***The judges make the final selection and a list of those making the team will be posted by June 6 in the Cheerleading Tryouts Google Classroom. Students will be listed by the last 4 numbers of their student id.***

## General Requirements:

- Practice will occur afterschool from 1:45 pm to 3:30 pm on the dates listed on the BSHS Cheer Calendar. Practice times may change for pep rally and Homecoming activities.
- We cover all regular season and any post season events (i.e. playoffs).
- There may be some Saturday events and or fundraisers.

## Fall & Winter season requirements:

- Maintain a minimum 2.0 GPA to cheer.
- The athletic/activities office must clear all candidates for participation.
- **All cheerleaders have to abide by the athletic code as well as student code of conduct (this is a 12-month policy).**
- Cheerleaders need to be passing all classes at all times.
- Attendance at **all** practices **(No practice, no game that week).**
- Cheerleaders cheer at football, basketball, and other events as required by coaches.
- All cheerleaders are **required** to participate in fundraisers, assemblies and community events as required by the coaches.
- **All cheerleaders are required to have a current physical.**
- **All cheerleaders must have proof of current insurance coverage (either personal policy or purchased through school).**
- **Participation on other sports teams must be discussed and approved by coaches prior to start of each season (in or out of school).**

## Tryout rules and procedures:

- **Green slip from athletic office must be turned in on the first day of tryouts.**
- You will wear a white short-sleeve t-shirt, black, navy, green or royal blue shorts, white no-show socks, and sneakers (you could lose points if not).
- Your hair **will be** pulled back in a tight ponytail.
- Leave your jewelry home.
- **Only Tryout participants allowed at Tryouts!**
- ALL phones **MUST BE** turned off and away during tryouts hours.
- Be on time and ready to work! ☺

## Tryout Week Timeline

<u>Tuesday</u> June 5 <sup>th</sup>	<u>Wednesday</u> June 6 <sup>th</sup>	<u>Thursday</u> June 7 <sup>th</sup>
Mandatory Clinic	Mandatory <b>Tryout</b>	Cheer Fitting & Meeting
Esterio High Gym 6PM-8PM	Esterio High Gym 6PM-8PM	Location/Time TBD

## Other important dates:

**Wednesday, June 6 after 10pm:** Squad Announced in Google Classroom

**Thursday, June 7:** Parent Cheerleader Meeting in Mrs. Holloway's Classroom

First payment of \$50 due.

**\*The remainder balance may be paid all at once or as instalments. Final payments are due before cheer gear is distributed.**

**Mandatory UCA Cheer Camp- Thursday August 2<sup>nd</sup> & Friday August 3<sup>rd</sup> at Bonita Springs High School**

## Bonita Springs High School Cheerleader Application (2018-2019 School Year)

Please print neatly or type.

Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Cumulative GPA: \_\_\_\_\_

*\*MUST BE 2.0 MIN.\**

Parent/Guardian Name: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Cell phone: \_\_\_\_\_ E-mail: \_\_\_\_\_

Best way to be contacted: (Circle one)      Cell phone      E-mail

Please answer the following: You may attach another sheet if needed.

A. Do you play any sports and/or work after school, or engage in any other activities which take up more than ten hours of your week? How do you see yourself balancing these responsibilities and cheerleading?

B. List all extra-curricular and volunteer activities and when/how long you participated in them.

C. What do you believe is the role of a cheerleader at Bonita Springs High School?

D. Why do you want to be a Bonita Springs High School Cheerleader?

# **BSHS CHEERLEADER TRYOUT INFORMATION SHEET**

**NAME:** \_\_\_\_\_

**MAILING ADDRESS:** \_\_\_\_\_

**HOME/CELL NUMBER:** \_\_\_\_\_

**EMAIL ADDRESS:** \_\_\_\_\_

**CURRENT GRADE:** \_\_\_\_\_

**HEIGHT:** \_\_\_\_\_

**WEIGHT:** \_\_\_\_\_

**SHOE SIZE:** \_\_\_\_\_

**ADULT T-SHIRT SIZE:** \_\_\_\_\_

**SOFFEE SHORT SIZE:** \_\_\_\_\_

**JACKET SIZE:** \_\_\_\_\_

**\*\* CLOTHES AND SHOES WILL BE ORDERED ONCE YOU MAKE THE TEAM SO PLEASE INDICATE SIZES\*\***

*PLEASE ANSWER THE QUESTIONS BELOW:*

**1. What cheerleading experience do you have?** \_\_\_\_\_

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**2. What stunting position are you? Flyer, base or back spot. List all skills in that position.** \_\_\_\_\_

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**3. What tumbling skills do you have?** \_\_\_\_\_

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## Bonita Springs High School Cheerleading Squad Application (2018-19 school year)

My child, \_\_\_\_\_ has my permission to tryout and to be a cheerleader at BSHS if selected for one of the squads. (Parents please initial after each of the following statements)

- I understand that this application must be completed and turned into Coach Holloway by Tuesday, June 5<sup>th</sup>. In addition, all athletic paperwork must be completed and turned into the athletic office by Tuesday, June 5<sup>th</sup>, at 2:00PM (and receive green slip to bring to tryouts) or my child will not be eligible for tryouts and will not be considered for a cheerleading position. \_\_\_\_\_
- I understand that qualified judges will evaluate my daughter/son and we agree to abide by the decision of the judges. \_\_\_\_\_
- I know and understand the Lee County School District attendance policy and rules regarding the use, possession, and proximity of controlled substances, including cigarettes. \_\_\_\_\_
- I am prepared to fulfill all obligations as a cheerleader for Bonita Springs High school, should I make the squad. \_\_\_\_\_
- I understand by the very nature of the activity, cheerleading may carry risk of physical injury. No matter how careful the participant and coach are, how many spotters are used, or what landing surface is used, the risk cannot be eliminated. The risk of injury includes minor injuries such as muscle pulls, dislocation, and broken bones. The risk also includes catastrophic injuries such as permanent paralysis or even death from landing or falls on the back, neck or head. I understand these risks. \_\_\_\_\_
- I will not hold UCA, UCA representatives, the Lee County school board, BSHS, or any personnel responsible in the case of action or injury at any time. \_\_\_\_\_
- I certify that all the information I have provided in this application packet is true and correct. If provided information is untrue, I understand that may be grounds for my removal from tryouts or a squad if determined after making a team. \_\_\_\_\_

Signature of Applicant \_\_\_\_\_

Date \_\_\_\_\_

The above named applicant, being a student at Bonita Springs High school during the 2018-2019 school year, is adequately covered by accident insurance (a copy of current insurance should be provided with current athletic paperwork) and I agree to all the statements above as indicated by my initial.

Name of Parent/Guardian (Please print clearly) \_\_\_\_\_

Signature of Parent/Guardian \_\_\_\_\_